

# JFK Middle School

## 6<sup>th</sup> Grade Health

### 2018-2019 COURSE OUTLINE

#### Mr. Ierano

mierano@Bethpage.ws  
(516) 644-4270



#### Supplies

It's extremely important to stay organized throughout the year.

The following materials are required for class **everyday**:

- Chromebook
- **Charger**
- Spiral Notebook
- Folder
- Pen/pencil
- Agenda

#### Course Description

Welcome! My name is Mr. Ierano and I am pleased to say that I will be your health education teacher! You are about to experience one of the most important courses in your education!

This year we will explore a variety of topics that are designed to help you understand, improve, and maintain excellent health. In order to enhance our classroom atmosphere, I encourage everyone to contribute to class discussions by sharing their thoughts and feelings. I am looking forward to helping you achieve a year full of success.

Good luck!

The goal of this course is for students to develop skills that are necessary to live healthy and active lives. I hope to empower students to use these skills to make informed decisions that will enhance the quality of their personal, family, and community lives.

This class meets every other day for the full year.



“Your Body is Your Most Priceless Possession  
So Go Take Care Of It” - Jack Lalanne

## Unit Outline

- Occasional Homework
- 1 Quiz
- 1 Project
- 1 Test

## Grading



Grades will be earned through the following categories:

### Daily Prep

35%

### Exams

25%

### Projects

25%

### Quizzes

15%

**\*\*Late Projects:  
-10pts per class**

## If You're Absent

It is your responsibility to see Mr. Ierano at the beginning of class following an absence. You will have 1 class to make up missed work from previous classes.

## Daily Procedure

- Be in your seat when the bell rings
- Take out all class materials
- Begin the “**Do Now**” on the board
- Copy down new assignments into your agenda

## Class Expectations



### BE PREPARED

- Come to class on time. This means being in your seat at the start time, focused and ready to learn.
- Come to class with the necessary supplies (including a charged chromebook)



### BE RESPECTFUL

- Respect yourself and others.
- Respect our class time and our materials.



### DO YOUR BEST

- Be responsible for your learning; work hard and do your best.
- Take risks and don't be afraid to ask for help!!

\*\*\*\*\*Return This Sheet\*\*\*\*\*

# Syllabus Acknowledgement

.....  
Please **sign** and **return** this sheet to Mr. Ierano by: \_\_\_\_\_

*"I have read the syllabus and understand all of the expectations included."*

**Student:**

\_\_\_\_\_  
(print name)

\_\_\_\_\_  
(sign name)

**Parent/Guardian:**

\_\_\_\_\_  
(print name)

\_\_\_\_\_  
(sign name)

**Parent Comments:** \_\_\_\_\_

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